**Ringwood Public Schpp;s**

| [◄ January](#January_2023) | **February 2023** | [March ►](#March_2023" \o "Jump to March) |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  | 1 BREAKFAST: Oatmeal, Cereal, Fruit, Juice  LUNCH: Potato Soup, Salad, Mixed Fruit, Bosco Stick, Crackers, No Bake Cookie | 2 BREAKFAST: Biscuit & Gravy, Cereal, Fruit, Juice  LUNCH: Spaghetti, Corn, Peaches, Garlic Bread Stick | 3 BREAKFAST: Muffin, Cereal, Fruit, Juice  LUNCH: Hot Dog, Chili, Fruit Baked Beans,  | 4  |
| 5  | 6 BREAKFAST: Pancake, Cereal, Fruit, Juice  LUNCH< Popcorn Chicken, Potato Wedges, Fruit, Hot Roll | 7 BREAKFAST: Sausage Biscuit, Cereal, Fruit, Juice  LUNCH: Chicken & Noodles, Green Beans, Fruit, Hot Roll | 8 BREAKFAST: Oatmeal, Cereal, Fruit, Juice  LUNCH: Vegetable Beef Soup, Carrots W/Ranch, Fruit Crackers, Cookie | 9 BREAKFAST: Biscuit & Gravy, Cereal, Fruit, Juice  Lunch: Taco Salad, Pinto Beans, Salsa , Fruit | 10 BREAKFAST: Poptart, Cereal, Fruit, Juice  LUNCH: Chicken Sandwich, Salad, Fruit, Cookie | 11  |
| 12  | 13  NO SCHOOL | 14 BREAKFAST: Sausage Biscuit, Cereal, Fruit, Juice  LUNCH: Chicken Fajita, Pinto Beans, Salsa, Fruit, Chips | 15 BREAKFAST: Oatmeal, Cereal, Fruit, Juice  LUNCH: Chili, Salad, Fruit, Crackers, Cookie | 16 BREAKFAST:Biscuit & Gravy, Cereal, Fruit, Juice  LUNCH: Chicken Alfredo, Carrots, Fruit, Hot Roll  | 17 BREAKFAST: PB&J, Cerea;, Fruit, Juice  LUNCH: Hamburger, Roasted Potatoes, Fruit | 18  |
| 19  | 20 BREAKFAST: Pancake, Cereal, Fruit, Juice  LUNCH: Cheesy Potatoes W/Ham, Green Beans, Fruit, Hot Roll | 21 BREAKFAST: Sausage Biscuit, Cereal, Friut, Juice  LUNCH:Frito Chili Pie, Corn, Fruit,  | 22 BREAKFAST: Oatmeal, Cereal, Fruit, Juice  LUNCH: Ham & Beans, Roasted Potatoes, Fruit, Cornbread | 23 BREAKFAST: Biscuit & Gravy, Cereal, Fruit, Juice  LUNCH: Pizza, Salad, Fruit | 24 BREAKFAST: Muffin, Cereal, Fruit, Juice  LUNCH: Ham & Cheese Sandwich, Roasted Broccoli, Fruit | 25  |
| 26  | 27 BREAKFAST: Pancake, Cereal, Fruit, Juice  LUNCH: Pulled Pork, Cheesy Potatoes, Fruit, Hot Roll  | 28 BREAKFAST: Sausage Biscuit, Cereal, Fruit, Juice  LUNCH: Chicken & Rice, Carrots, Fruit, Hot Roll | THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDERMENU IS SUBJECT TO CHANGE MILK IS OFFERED WITH EVERY MEAL |