| [◄ Oct 2022](#October_2022) | **November 2022** | | | | | [Dec 2022 ►](#December_2022" \o "Jump to Dec 2022) |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  | 1 BREAKFAST: Sausage Biscuit, Cereal, Fruit, Juice  LUNCH: Chicken Alfredo, Carrots, Fruit, Hot Roll | 2 BREAKFAST: Breakfast Burrito, Cereal, Fruit, Juice,  LUNCH: Chili ,Salad, Fruit, Crackers | 3 BREAKFAST: Biscuit & Gravy, Cereal, Fruit ,Juice  LUNCH: Spaghetti, Corn, Salad, Fruit, Garlic Bread | 4 BREAKFAST: Muffin, Cereal, Fruit, Juice  LUNCH: Chicken Sandwich, Broccoli, Fruit | 5 |
| :6 | 7 BREAKFAST: Pancake, Cereal, Fruit, Juice  LUNCH: Chicken Fajita, Pinto Beans, Fruit, Chips & Salsa | 8 BREAKFAST: Sausage Biscuit, Cereal, Fruit,Juice  LUNCH: Pizza , Salad, Fruit | 9 BREAKFAST: Breakfast Burrito, Cereal, Fruit, Juice  LUNCH: Frito Chili Pie, Corn, Fruit, | 10 BREAKFAST: Biscuit & Gravy, Cereal, Fruit  LUNCH: Turkery , Mashed Potatoes, Green Beans ,Fruit, Hot Roll | 11 BREAKFAST: PB&J, Cereal, Fruit, Juice  LUNCH: Hot Dog , Chili, Carrots, Fruit | 12 |
| 13 | BREAKFAST: Pancake, Cereal, Fruit, Juice  LUNCH: Chicken Bites, Macaroni & Cheese, Peas, Fruit, Hot Roll | 15 BREAKFAST: Sausage Biscuit, Cereal, Fruit, Juice  LUNCH: Pulled Pork, Salad, Fruit, Hot Roll | 16 BREAKFAST: Breakfast, Burrito, Cereal, Fruit, Juice  LUNCH: Taco Salad , Pinto, Beans, Salsa, Fruit | 17 BREAKFAST: Biscuit, And Gravy, Cereal Fruit, Juice  LUNCH: Chicken & Rice, Carrots, Fruit, Hot Roll | 18 BREAKFAST: Pop Tart, Cereal, Fruit, Juice  LUNCH: Ham & Cheese Sandwich, Carrots, Fruit | 19 |
| 20 | 21  🡨-------------------------- | 22  THANKSGIVING  ----------------------------- | 23  ----------------------------- | 24  BREAK  ----------------------------- | 25  --------------------------🡪 | 26 |
| 27 | 28 BREAKFAST: Pancake, Cereal, Fruit, Juice  LUNCH: Fish Sticks, Peas, Fruit, Hot Roll | 29 BREAKFAST: Sausage Biscuit, Cereal, Fruit, Juice  LUNCH: Smoked Sausage w/ Potatoes, Green Beans, Fruit, Hot Roll | 30 BREAKFAST: Breakfast Burrito, Cereal, Fruit, Juice  LUNCH: Chicken & Noodles, Carrots, Fruit, Hot Roll |  | | |

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER MENU IS SUBJECT TO CHANGE MILK IS OFFERED WITH EVERY MEAL